

Registration Form

Please select 1 option below:

2 day event - \$80.00
Sept 30 - Oct 1 (meals included)

1 day event - \$55.00
One day event with meal
included. (Friday or Saturday)

Deadline to register is Sept 9, 2022

Name _____

Address _____

Phone _____

City, State, Zip _____

E-mail _____

Total: _____

Please make checks payable to:

NWKCEA

And return this form to:

Bev Elder

Wallace County Conservation District

115 E 6th St., PO Box 608

Sharon Springs, KS 67758

Available Hotels:

Holiday Inn Express - (785) 462-8787

Comfort Inn - (785) 462-3833

Hampton Inn - (785) 460-2333

Sleep Inn - (785) 269-9005

Women In Denim Event

Is made possible by the following sponsors:

NWKCEA

Partnering Conservation Districts:

Wallace, Cheyenne, Decatur, Logan, Gove,

Rawlins, Sheridan, Sherman, Thomas.

KACD, Sharp Brother's Seed, Star Seed,

Western Prairie RC&D

NWKCEA and the USDA are equal opportunity
employers and providers

NW Kansas Conservation &
Environmental Alliance

115 East 6th
PO Box 608
Sharon Springs, KS 67758

Winds of Change

10th Annual Women in Denim Event

Friday, Sept 30, 2022
Thru
Saturday, Oct 1, 2022

The Gathering Place
745 S Country Club Dr.
Colby, KS

HOSTED BY:
NORTHWEST KANSAS
CONSERVATION
& ENVIRONMENTAL
ALLIANCE

SCHEDULE OF EVENTS

ALL TIMES CENTRAL STANDARD TIME

FRIDAY, SEPTEMBER 30TH

- 4:00 - 4:30 PM REGISTRATION
5:00 - 6:00 CHUCKWAGON SUPPER
6:30 - 8:00 CRAFT PROJECT

SATURDAY, OCTOBER 1ST

- 8:00 - 8:30 AM REGISTRATION
8:30 - 9:15 YOU CAN DO IT
KARIN RASMUSSEN
9:15 - 10:15 LAND LOGIC: THE LAND
TEACHES - KAILA ANDERSON
10:15 - 10:30 BREAK
10:30 - 11:30 TECHNOLOGY AND HEALTH
ASHLEE ORNDORFF
11:30 - 12:30 LUNCH
12:30 - 1:00 MOVEMENT CONNECTION
BRENDA MAZANEC
1:00 - 2:30 PREPARING FOR SOCIAL
SECURITY -TIM MOOMEY,
CFP - FINANCIAL ADVISOR
FSB
2:30 - 2:45 BREAK
2:45 - 3:45 WIDOWS IN DENIM
GAYLENE SHANK
4:00 CONCLUDE

THE WINDS OF CHANGE



Land Logic: The Land Teaches Kaila Anderson

Kaila Anderson is a master's-prepared social worker with a decade of experience in behavioral health and social services serving in rural Kansas. Driving her passion to address farmer and rancher stress is Kaila's lived experiences on a 5th generation family farm. Her current project is called LandLogic; a behavioral health literacy framework designed to reach farmers and ranchers through their connection to the land. She earned a Bachelor of Science in Psychology from Missouri State University and a Master of Social Work from the University of Kansas. Kaila and her family reside in Denver, Colorado.

Widows in Denim - Gaylene Shank

Gaylene is a proud member of an eight-generation Sherman County farm family. At age seventeen she thought she left the farm forever. Eighteen years later, Gaylene and her family moved back to Goodland. With a huge leap of faith, her husband Dennis left the corporate world of accounting to return to his roots in agriculture. Gaylene retired from teaching in 2012 and substituted several years while caring for her mother in her home until her death at nearly 102 years of age. Twenty months later Dennis died unexpectedly. Immediately, Gaylene began the mammoth task of overseeing the family farm operations.

Movement Connection - Brenda Mazanec

Brenda Mazanec operates the Movement Connection with 20+ years of experience and degrees in Health, Physical Education, Recreation, Family Consumer Science, Vocational FACS, as well as more than 10 years personal research in movement and human development.

"I CAN'T CHANGE THE DIRECTION OF THE WIND, BUT I CAN ADJUST MY SAILS TO ALWAYS REACH MY DESTINATION."

Preparing for Social Security - Tim Moomey

Tim Moomey is a Certified Financial Planner at the FSB Investment Center in Holdrege, NE. Tim began getting interested in Social Security about 16 years ago. It has become a passion of his to help people in the communities served by his Bank, the First State Bank of Norton, KS. Social Security is more complicated than people realize. The decisions baby boomers make now can have a tremendous impact on the total amount of benefits they receive over their lifetime. Most people don't know these rules and it is a goal of Tim and the First State Bank to educate them. It is their firm belief that the planning process should begin long before a person is at the actual age of Social Security in order that the decisions and plans they make will maximize their benefits for those important retirement years.

You Can Do It - Karin Rasmussen

Do you have a grandparent or elderly neighbor who you check on daily? Do you know someone who is losing his / her vision and needs support reading the mail or paying bills? Is there a child in your neighborhood that uses a wheelchair but the current one is in need of repair. Is there a farmer who attends your church whose knees or hips hurt so bad they can no longer climb up the tractor or combine steps? Assistive Technology for Kansans (ATK) has resources to assist individuals, from birth through life, to be as independent as possible. Karin Rasmussen, an AT Specialist for ATK will be discussing the various programs and provide examples of Assistive Technology tools that might benefit you or others in your daily routines.



Technology and Health - Ashlee Orndorff

Ashlee is a certified nurse practitioner at Great Plains Health Endocrinology in North Platte, NE. She obtained undergraduate degrees from both KSU and KU with a Master's Degree as a Family Nurse Practitioner from the University of Missouri-Kansas City. Although she specialized in Endocrinology and cardiometabolic disorders, Ashlee has a passion for technology utilization in healthcare. Given the diversity of her patient population and experience with chronic care management she has a focus on the comprehensive perspective of each patient including mental health. Understanding the risks and benefits of technology's impact on our health is imperative, and Ashlee is looking forward to exploring the effects of digitalization, particularly regarding our mental and intellectual health.